

Transformative insights

Applying the wisdom of healing from psychosis to inform and shape mental health research

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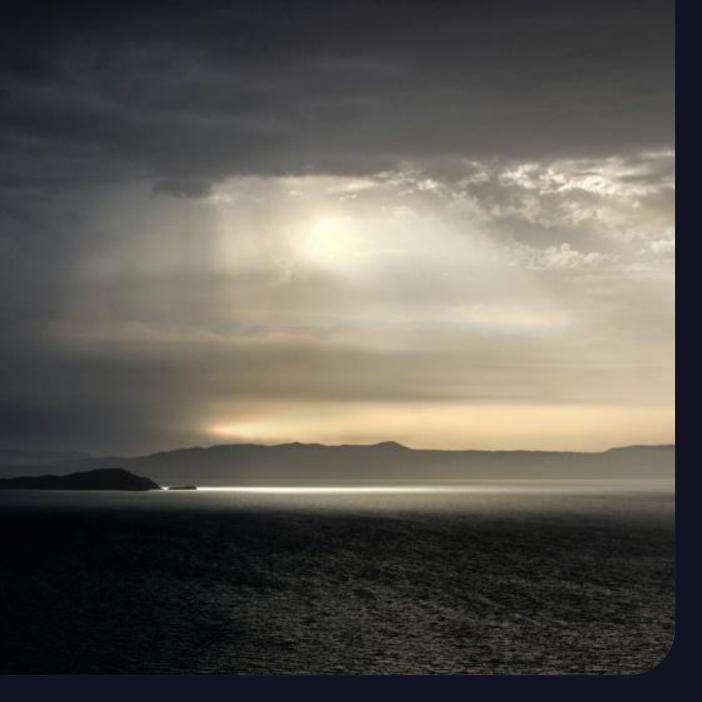
Lived Experience



7 1/2 year mental decline
delusions & hallucinations

17 years personal growth

daily growth & meeting challenges





A breakdown can be a breakthrough, to healthier, happier living (GROW)









My nephew Oliver, then 8, thought it was 'cool' having an uncle who was a wizard







'Pushing the boulder'

Transformation momentum









'educating my heart'

CHIME is accelerating my personal and professional growth







I was told at the hospital

'you'll be back'

And by the doctor....

'you'll have this for the rest of your life'









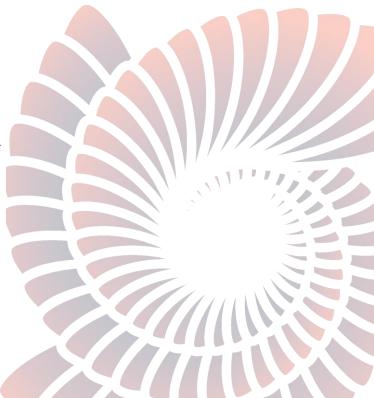
Identify and integrate person-centred growth-oriented language and care into our mental health services



Person-centred growth-oriented language











We are all sent to play a part in each other's healing





